

2023-2024 Ridgewood Rebels Recreation Basketball Programs

<u>Register on Community Pass Starting November 2nd!</u>

Pre-K - 12 Special Needs All-Stars

- Season: Sundays from 9am-10am; January thru February 2024
- Eligibility: Girls' and boys' special needs students in grades Pre-K-12
- Coaches: Program volunteers and special guests
- Program Desc: Special needs basketball program for Ridgewood and non-Ridgewood residents
- Cost: \$35 includes t-shirt, basketball and participation trophy
- Location: Benjamin Franklin Middle School Gym
- Contact: Cara Murray (murrayc@hlcmail.com)

Boys & Girls Grades 1-2 Rec Clinic:

Season: Saturdays late morning; January thru February 2024 Eligibility: Boys and Girls grades 1-2 (Ridgewood elementary school students and Ridgewood residents) Max of 40 players per grade

Coaches: Rebels coaching staff and volunteers Program Desc: Introductory basketball program run clinic style; Girls and boys will be introduced to the fundamentals of basketball with an emphasis on fun and early skill development Cost: \$160 includes t-shirt and basketball Location: Benjamin Franklin Middle School Gym Contact: info@ridgewoodrebels.com

Girls Grades 3-4 Recreation Basketball League

Season:	Weekday practice starting mid-December; Games on Saturday afternoons, January-February 2024
Eligibility:	3rd and 4th grade girls (Ridgewood elementary school students and Ridgewood residents)
Coaches:	Volunteer coaches needed
Program Desc:	Recreational Basketball Program with 1 practice a week and 1 game a week where 3rd and 4th
	grade girls can learn the game of basketball and have fun doing so
Cost:	\$225
Location:	Practices TBD, Games at Benjamin Franklin Middle School Gym
Contact:	info@ridgewoodrebels.com

Girls Grades 5-6 Recreation Basketball League (New!)

Season: Weekday practice starting mid-December; Games TBD, January-February 2024
Eligibility: 5th and 6th grade girls (Ridgewood elementary school students and Ridgewood residents)
Coaches: Volunteer coaches and League Commissioner needed
Program Desc: Recreational Basketball Program with 1 practice a week and 1 game a week where 5th and 6th grade girls can learn the game of basketball and have fun doing so
Cost: \$225
Location: Practices TBD, Games TBD
Contact: info@ridgewoodrebels.com